

## 2017 Ultra Throws Fall Festival

McLeod Athletic Park, Langley, BC

October 15th, 2017

Hosted by Ultra Throw Club

(ultrathrow@gmail.com and ultrathrow.com)

<b>Women 20 - 34 Hammer Throw (4 Kg)</b>							
<b>Meet Record: Christina Juert August 13, 2017 <u>49.24m</u></b>							
Finals							<b>Best</b>
1	Juert, Christina	24	Ocean Athletics				
	43.53m	FOUL	47.01m	42.40m	47.21m	FOUL	47.21m
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<b>Women 50 - 54 Hammer Throw (3 Kg)</b>							
<b>Meet Record: Nancy Smith August 13, 2017 <u>25.63m</u></b>							
Finals							<b>Best</b>
1	Smith, Nancy	53	Ocean Athletics				
	26.82m	27.23m	FOUL	FOUL	30.29m	FOUL	30.29m*
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<b>Women 70 - 74 Hammer Throw (3 Kg)</b>							
<b>Meet Record: Gabriella Moro August 13, 2017 <u>20.97m</u></b>							
Finals							<b>Best</b>
1	Moro, Gabriella	70	Ultra Throw				
	20.18m	22.22m	22.40m	FOUL	20.93m	FOUL	22.40m*
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<b>Women 75 - 79 Hammer Throw (2 Kg)</b>							
<b>Meet Record: Frances Steinfeld August 13, 2017 <u>16.57m</u></b>							
Finals							<b>Best</b>
1	Steinfeld, Frances	79	Ultra Throw				
	16.42m	16.98m	17.07m	17.73m	17.86m	17.53m	17.86m*
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<b>Men 65 - 69 Hammer Throw (5 Kg)</b>							
<b>Meet Record: Alan Essex August 13, 2017 <u>30.32m</u></b>							
Finals							<b>Best</b>
1	Zapf-Gilje, Reidar	65	Greyhounds				
	32.28m	34.36m	35.07m	33.41m	33.65m	35.44m	35.44m*
2	Bains, Mohan	67	Ultra Throw				
	26.92m	FOUL	FOUL	32.09m	30.93m	31.45m	32.09m*
3	Ulis, David	69	Ultra Throw				
	26.39m	FOUL	FOUL	FOUL	FOUL	28.21m	28.21m
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<b>Men 70 - 74 Hammer Throw (4 Kg)</b>							
<b>Meet Record: Harnek Toor May 28, 2017 <u>37.04m</u></b>							
Finals							<b>Best</b>
1	Toor, Harnek	72	Ultra Throw				
	FOUL	31.86m	32.90m	34.72m	32.84m	33.47	34.72m
2	Johal, Manjit	70	Ultra Throw				
	24.85m	15.45m	25.29m	FOUL	26.38m	27.15m	27.15m
3	Thorpe, George	73	ABSG				
	21.63m	20.47m	18.62m	FOUL	FOUL	FOUL	21.63m
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<b>Men 90 - 94 Hammer Throw (3 Kg)</b>							
<b>Meet Record: Scot Henney August 13, 2017 <u>17.46m</u></b>							
Finals							<b>Best</b>
1	Henney, Scot	92	Greyhounds				
	14.32m	14.57m	14.98m	12.25m	PASS	PASS	14.98m



1	Henney, Scot	4.57m	6.21m	5.41m	92	6.00m	Greyhounds	6.28m	5.61m	6.28m
<b>Women 20 - 34 Discus (1 Kg)</b>										
<b>Meet Record: Christina Juert August 13, 2017 37.69m</b>										
Finals										<b>Best</b>
1	Juert, Christina	24.08	FOUL	29.65m	24	27.09m	Ocean Athletics	32.61m	FOUL	32.61m
<b>Women 50 - 54 Discus (1 Kg)</b>										
<b>Meet Record: Berni Juert August 13, 2017 25.37m</b>										
Finals										<b>Best</b>
1	Juert, Berni	22.34m	24.49m	FOUL	53	26.61m	UNBC	26.37m	24.57m	26.61m*
2	Whachell, Robbin	17.65m	FOUL	15.80m	54	17.99m	Ultra Throw	17.34m	FOUL	17.99m
<b>Women 70 - 74 Discus (1 Kg)</b>										
<b>Meet Record: Gabriella Moro August 13, 2017 21.21m</b>										
Finals										<b>Best</b>
1	Moro, Gabriella	18.95m	19.51m	19.51m	70	18.97m	Ultra Throw	20.70m	21.04m	21.04m
<b>Women 75 - 79 Discus (0.75 Kg)</b>										
<b>Meet Record: Frances Steinfeld August 13, 2017 14.49m</b>										
Finals										<b>Best</b>
1	Steinfeld, Frances	12.22m	10.72m	10.42m	79	11.81m	Ultra Throw	11.80m	13.00m	13.00m
<b>Men 60 - 64 Discus (1 Kg)</b>										
<b>Meet Record: Michael Deady May 28, 2017 43.87m</b>										
Finals										<b>Best</b>
1	Natale, Andrew	26.59m	FOUL	28.76m	61	28.90m	Ultra Throw	29.08m	29.04m	29.08m
<b>Men 65 - 69 Discus (1 Kg)</b>										
<b>Meet Record: Alan Essex May 28, 2017 34.54m</b>										
Finals										<b>Best</b>
1	Zapf-Gilje, Reidar	37.31m	37.20m	FOUL	65	35.55m	Greyhounds	34.74m	36.75m	37.31m*
2	Ulis, David	31.01m	30.15m	30.36m	69	31.51m	Ultra Throw	28.05m	31.53m	31.53m
3	Bains, Mohan	28.65m	30.59m	30.57m	67	27.52m	Ultra Throw	FOUL	29.35m	30.59m
<b>Men 70 - 74 Discus (1 Kg)</b>										
<b>Meet Record: Ken Townsend May 28, 2017 31.66m</b>										
Finals										<b>Best</b>
1	Toor, Harnek	26.51m	29.90m	28.91m	72	28.50m	Ultra Throw	30.84m	31.08m	31.08m
2	Johal, Manjit	22.33m	23.50m	22.88m	70	FOUL	Ultra Throw	22.41m	FOUL	23.50m
3	Thorpe, George	FOUL	6.71m	8.02m	73	15.22m	ABSG	FOUL	FOUL	15.22m

<b>Men 90 - 94 Discus (1 Kg)</b>										
<b>Meet Record: Scot Henney May 28, 2017 <u>14.61m</u></b>										
Finals	<b>Best</b>									
1	Henney, Scot	92	Greyhounds	8.71m	12.68m	10.80m	13.42m	12.75m	16.18m	16.18m*
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<b>Women 20 - 34 Javelin (600 g)</b>										
<b>Meet Record: Krista Woodward August 13, 2017 <u>47.66m</u></b>										
Finals	<b>Best</b>									
1	Juert, Christina	24	Ocean Athletics	27.24m	27.90m	28.09m	FOUL	26.88m	29.60m	29.60m
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<b>Women 50 - 54 Javelin (500 g)</b>										
<b>Meet Record: Che Davison March 19, 2017 <u>18.01m</u></b>										
Finals	<b>Best</b>									
1	Whachell, Robbin	54	Ultra Throw	15.92m	18.14m	17.76m	18.84m	18.72m	17.81m	18.84m*
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<b>Men 50 - 54 Javelin (700 g)</b>										
<b>Meet Record: Ray Carroll March 19, 2017 <u>36.26m</u></b>										
Finals	<b>Best</b>									
1	Carroll, Ray	54	Greyhounds	32.16m	31.53m	31.31m	34.71m	34.47m	36.22m	36.22m
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<b>Men 60 - 64 Javelin (600 g)</b>										
<b>Meet Record: John Hodgson May 28, 2017 <u>34.54m</u></b>										
Finals	<b>Best</b>									
1	Hodgson, John	62	Ultra Throw	31.56m	34.01m	FOUL	33.05m	34.19m	34.35m	34.35m
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<b>Men 65 - 69 Javelin (600 g)</b>										
<b>Meet Record: David Ulis March 19, 2017 <u>29.30m</u></b>										
Finals	<b>Best</b>									
1	Ulis, David	69	Ultra Throw	34.44m	36.26m	33.93m	35.81m	FOUL	33.28m	36.26m*
2	Zapf-Gilje, Reidar	65	Greyhounds	34.58m	35.45m	35.40m	32.87m	33.95m	33.98m	35.45m*
3	Bains, Mohan	67	Ultra Throw	13.77m	17.68m	PASS	15.99m	PASS	PASS	17.68m
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<b>Men 70 - 74 Javelin (500 g)</b>										
<b>Meet Record: Harnek Toor May 28, 2017 <u>32.40m</u></b>										
Finals	<b>Best</b>									
1	Toor, Harnek	72	Ultra Throw	FOUL	30.04m	32.54m	FOUL	FOUL	29.36m	32.54m*
2	Thorpe, George	73	ABSG	14.97m	FOUL	16.40m	FOUL	19.12m	FOUL	19.12m
3	Johal, Manjit	70	Ultra Throw	17.05m	17.21m	17.10m	17.07m	17.96m	17.88m	17.96m
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<b>Men 75 - 79 Javelin (500 g)</b>										
<b>Meet Record: Victor Aksenov August 13, 2017 <u>33.97m</u></b>										
Finals	<b>Best</b>									
1	Aksenov, Victor	76	UNBC	FOUL	FOUL	34.64m	37.48m	PASS	PASS	37.48m*

<b>Men 90 - 94 Javelin (400 g)</b>							
<b>Meet Record: Scot Henney August 13, 2017 15.70m</b>							
Finals	<b>Best</b>						
1	Henney, Scot	92	Greyhounds				16.71m*
	16.71m	12.61m	14.92m	15.48m	12.70m	15.73m	
<b>Women 20 - 34 Weight Throw (9.08 Kg)</b>							
<b>Meet Record: Christina Juert March 19, 2017 12.37m</b>							
Finals	<b>Best</b>						
1	Juert, Christina	24	Ocean Athletics				13.23m*
	12.69m	13.23m	12.47m	FOUL	FOUL	FOUL	
<b>Women 50 - 54 Weight Throw (7.26 Kg)</b>							
<b>Meet Record: Nancy Smith August 13, 2017 7.64m</b>							
Finals	<b>Best</b>						
1	Juert, Berni	53	UNBC				9.64m*
	FOUL	FOUL	9.63m	9.64m	8.62m	9.48m	
2	Smith, Nancy	54	Ocean Athletics				8.95m*
	FOUL	FOUL	8.49m	8.95m	FOUL	FOUL	
<b>Women 75 - 79 Weight Throw (4 Kg)</b>							
<b>Meet Record: Frances Steinfeld May 28, 2017 7.74m</b>							
Finals	<b>Best</b>						
1	Steinfeld, Frances	79	Ultra Throw				6.66m
	5.11m	5.96m	5.69m	6.66m	FOUL	5.89m	
<b>Men 65 - 69 Weight Throw (9.08 Kg)</b>							
<b>Meet Record: Hardev Sandhu May 28, 2017 12.02m</b>							
Finals	<b>Best</b>						
1	Zapf-Gilje, Reidar	65	Greyhounds				13.83m*
	FOUL	13.83m	12.90m	13.11m	FOUL	13.09m	
2	Bains, Mohan	67	Ultra Throw				13.57m*
	12.86m	13.13m	13.20m	12.28m	13.15m	13.57m	
3	Ulis, David	69	Ultra Throw				10.84m
	FOUL	9.58m	10.84m	FOUL	9.74m	10.50m	
<b>Men 70 - 74 Weight Throw (7.26 Kg)</b>							
<b>Meet Record: Harnek Toor May 28, 2017 14.87m</b>							
Finals	<b>Best</b>						
1	Toor, Harnek	72	Ultra Throw				14.51m
	14.04m	13.99m	13.89m	FOUL	13.37m	14.51m	
2	Johal, Manjit	70	Ultra Throw				10.99m
	10.88m	FOUL	FOUL	10.99m	FOUL	FOUL	
3	Thorpe, George	73	ABSG				7.84m
	7.84m	FOUL	FOUL	7.60m	6.72m	FOUL	
<b>Men 90 - 94 Weight Throw (5.45 Kg)</b>							
<b>Meet Record: Scot Henney August 13, 2017 8.86m</b>							
Finals	<b>Best</b>						
1	Henney, Scot	92	Greyhounds				7.39m
	7.39m	6.52m	FOUL	FOUL	FOUL	6.74m	
<b>Women 20 - 34 Super Weight (15.88 Kg)</b>							

<b>Meet Record: Christina Juert</b>								<b>May 28, 2017</b>	<u>8.23m</u>	
Finals									<b>Best</b>	
1	Juert, Christina		24	Ocean Athletics						
	FOUL	FOUL	FOUL	6.78m	8.10m	FOUL			8.10m	
<b>Women 50 - 54 Super Weight (11.34 Kg)</b>										
<b>Meet Record:</b>										
Finals									<b>Best</b>	
1	Smith, Nancy		54	Ocean Athletics						
	4.53m	FOUL	4.15m	4.32m	3.90m	4.02m			4.53m*	
<b>Women 75 - 79 Super Weight (7.26 Kg)</b>										
<b>Meet Record: Frances Sreinfeld</b>								<b>May 28, 2017</b>	<u>5.44m</u>	
Finals									<b>Best</b>	
1	Steinfeld, Frances		79	Ultra Throw						
	4.59m	4.89m	4.49m	4.38m	4.83m	4.89m			4.89m	
<b>Men 65 - 69 Super Weight (20 Kg)</b>										
<b>Meet Record: Hardev Sandhu</b>								<b>May 28, 2017</b>	<u>4.86m</u>	
Finals									<b>Best</b>	
1	Bains, Mohan		67	Ultra Throw						
	FOUL	FOUL	4.57m	FOUL	5.34m	FOUL			5.34m*	
<b>Men 70 - 74 Super Weight (15.88 Kg)</b>										
<b>Meet Record: Harnek Toor</b>								<b>May 28, 2017</b>	<u>7.62m</u>	
Finals									<b>Best</b>	
1	Toor, Harnek		72	Ultra Throw						
	6.08m	6.19m	6.88m	FOUL	6.57m	6.39m			6.88m	
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<b>Women 20 - 34 Throws Pentathlon</b>										
<b>Meet Record: Christina Juert</b>								<b>May 28, 2017</b>	<u>2994 points</u>	
		HT	SP	DT	JT	WT				
	Weights	(4 Kg)	(4 Kg)	(1 Kg)	(600 g)	(9.08 Kg)				
Finals										<b>Points</b>
1	Juert, Christina		24	Ocean Athletics						<b>2979 pts</b>
	Distance	47.01m	9.94m	29.65m	28.09m	13.23m	Total			
	Points	866	526	456	440	691	2979			
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<b>Men 65 - 69 Throws Pentathlon</b>										
<b>Meet Record: David Ulis</b>								<b>March 19, 2017</b>	<u>2584 points</u>	
		HT	SP	DT	JT	WT				
	Weights	(5 Kg)	(5 Kg)	(1 Kg)	(600 g)	(9.08 Kg)				
Finals										<b>Points</b>
1	Zapf-Gilje, Reidar		65	Greyhounds						
	Distance	35.07m	11.61m	37.31m	35.45m	13.83m	Total			<b>3698 pts*</b>
	Points	699	838	734	668	759	3698			
2	Ulis, David		69	Ultra Throw						
	Distance	26.39m	8.90m	31.01m	36.26m	10.84m	Total			<b>2945 pts*</b>
	Points	491	613	585	687	569	2945			
3	Bains, Mohan		67	Ultra Throw						
	Distance	26.92m	10.31m	30.59m	17.68m	13.20m	Total			<b>2794 pts*</b>
	Points	503	730	576	266	719	2794			



1	Zapf-Gilje, Reidar	65	Greyhounds			<b>2185 pts*</b>
	Distance	11.51m	36.75m	33.98m	Total	
	Points	830	721	634	2185	
2	Ulis, David	69	Ultra Throw			<b>1894 pts*</b>
	Distance	8.98m	31.53m	35.81m	Total	
	Points	619	598	677	1894	
3	Bains, Mohan	67	Ultra Throw			<b>1463 pts</b>
	Distance	9.80m	29.35m	15.99m	Total	
	Points	687	547	229	1463	

**Men 70 - 74 Throws Triathlon**

**Meet Record: Harnek Toor**

**May 28, 2017**

1932 points

Weights                      SP                      DT                      JT  
 (4 Kg)                      (1 Kg)                      (500 g)

Finals

1	Toor, Harnek	72	Ultra Throw			<b>Points</b> <b>1990 pts*</b>
	Distance	11.24m	31.08m	29.36m	Total	
	Points	752	659	579	1990	
2	Johal, Manjit	70	Ultra Throw			<b>1335 pts</b>
	Distance	9.23m	22.41m	17.96m	Total	
	Points	595	438	302	1335	